# 10 Commandments of the Consciousness of Success



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# Success



Success comes to those who become success conscious. Failure comes to those who indifferently allow themselves to become failure conscious.

# Napoleon Hill

#### **Power Truth**

Blessed are those who trust in the Lord, whose trust is the Lord. They shall be like a tree planted by water, sending out its roots by the stream. It shall not fear when heat comes, and its leaves shall stay green; in the year of drought it is not anxious, and it does not cease to bear fruit.

Jeremiah 17:7~8 NRSV

The often misunderstood concept

#### 1<sup>st</sup> Commandment

Success is a term that gets thrown around rather often. It can be perceived in many different ways, but its true essence lies within the individual. Everyone's definition of success differs from person to person, which makes us unique.<sup>1</sup> Therefore, it is important to understand your definition of success and what you have to do to achieve this goal.

Success is a term that gets thrown around rather often. It can be perceived in many different ways, but its true essence lies within the individual.

Success is the combination of many small events that add up to a big event,<sup>2</sup> although it is a concept that is often misunderstood. Many entrepreneurs, startups, and even executives struggle with the concept of success. They try to define it as simple as possible but end up creating a far more complicated picture than they expected.

Success does not just happen easily or with no effort on our part. We are constantly working and striving to succeed. It's probably one of the reasons why so many people believe in luck, but luck is a function of having certain advantages, not a reflection of individual skill or effort. The best way to measure success is by recognizing how much you have accomplished, how much you have improved, and whether you are happy with where you are today. And happiness is a pretty subjective thing, so don't let anyone convince you otherwise!

Most people that you talk to about failure tend to focus on the destination. They seem to think they should just give up after a few failures. And while this is certainly an option, it is often not the most viable one. Achieving success isn't a goal in itself; it's more of a means. It is not something you do to get there, but rather something that helps the journey along.

Ultimately, success means achieving God's purpose for your life. A man may call success building a multinational

company, reaching the peak of his career, or achieving a feat that no one has achieved before. They may be noteworthy indeed, but achieving your divine purpose is true success. Jesus, when Pilate was interrogating him after his arrest, said, "For this reason, I was born." Pilate wanted to set him free because he believed Jesus did not commit any crime, but Jesus made him realize that he preferred to go through the sufferings and death because it is the will of God.

The one who created us and the world we live in is the only one who can tell us how to attain true success.

What Jesus did opened the door for man's salvation and eternally destroyed the works of the devil; he fulfilled destiny. That was why he cried on the cross before he died "It is finished." That is true success. Those who do not know Christ may have other ways to define and seek success, but we cannot know more than God. The one who created us and the world we live in is the only one who can tell us how to attain true success.

#### What Now

- 1. What is success? Why is it often misunderstood?
- 2. What is luck? What role can luck play in our pursuit of success?
- 3. How can we measure success? How can we achieve success?

# 2<sup>nd</sup> Commandment

# Success Consciousness



A burning desire is the greatest motivator of every human action. The desire for success implants 'success consciousness,' which, in turn, creates a vigorous and ever-increasing habit of success.

# Paul J. Meyer

#### **Power Truth**

And keep the charge of the Lord your God, walking in his ways and keeping his statutes, his commandments, his ordinances, and his testimonies, as it is written in the law of Moses, so that you may prosper in all that you do and wherever you turn.

1 Kings 2:3 NRSV

#### A skill you can learn

Success consciousness is a term that refers to the mental state where you are consciously aware of your ability to have success in all areas of your life. This means that you understand that success is available to you in every area of your life and that you can implement the actions necessary to achieve it. It is not something that you are born with. It is something that you must develop through awareness and practice.

Developing this consciousness is like learning any other skill. You can only achieve it by deliberate choice and deliberate attention to doing the right things at the right time. Success consciousness has a lot to do with having the right attitude at the right time, but more importantly, it has to do with knowing when it is appropriate for you to be aware of your ability to succeed.

Success consciousness has a lot to do with having the right attitude at the right time, but more importantly, it has to do with knowing when it is appropriate for you to be aware of your ability to succeed.

Success consciousness is one of those things that has been discussed in various parts of the industry over the years. It is an important concept, but it still seems like a concept that most people have not thought about often. Failing to always be aware of your ability to succeed makes you feel tired and under-productive. But when you foresee success ahead of your jobs and activities, you look forward to completing the job to make the success a reality.

Everybody loves success; we all want to be celebrated.<sup>2</sup> It is not a secret that most people associate with those who have attained success while they cut off those who are failures. Even God, in His way, celebrated the successful completion of

#### 2<sup>nd</sup> Commandment

the project that brought about the creation of the earth. After creating all that He had in mind, He looked at them all and acknowledged that "behold they were very good."<sup>3</sup>

Success consciousness requires a bit more effort than just focusing on achieving great things; it requires working on making your life successful so you are consistently conscious of what you are doing right and what you could do to improve. The act of consciously being aware of your successes can help you become more productive in general. If you learn how to think about things in a certain way, you can use this information to make better decisions faster.

The act of consciously being aware of your successes can help you become more productive in general. If you learn how to think about things in a certain way, you can use this information to make better decisions faster.

Success consciousness means that you should continuously strive to improve and grow in your skills, knowledge, and abilities. The best way to achieve this is through continuous regular self-audits and check-ins. You need to constantly re-evaluate things and make improvements based on the feedback you receive from others. Just like any mental state, it is not something that you can be completely conscious of at all times. It is a state which can be achieved through consistent effort and discipline.

Apostle Paul in the Bible says, "I can do all things through Christ who strengthens me." That consciousness made him face any challenge and prepare for greater achievements. He said, "Forgetting what lies behind and reaching forward to what lies ahead." With that mindset, he was able to do more than all the other disciples of Jesus Christ. His secret? He had success consciousness. He believed he

could not fail and put that belief into practice. When you carry such a consciousness, you will not see obstacles, and all that should stop you would become potential opportunities that you can explore to achieve your goals.

#### What now

- 1. What is success consciousness? How can we develop it?
- 2. What happens when we foresee success ahead of a task? How can we become success conscious?
- 3. Why did Apostle Paul in the Bible say he can do all things? What did the consciousness of this declaration help him to achieve?

# 3rd Commandment

# Failure Consciousness



The key to success is to focus our conscious mind on things we desire, not things we fear.

# **Brian Tracy**

#### **Power Truth**

Trust in the Lord with all your heart, and do not rely on your own insight. In all your ways acknowledge him, and he will make straight your paths.

Proverbs 3:5~6 NRSV

# A major obstacle to success

Do you often feel that you are not good enough? Do you sometimes think that you can't do anything right? If the answer is yes, you might be suffering from failure consciousness. Failure is an experience. It is not a question of whether you were doing something wrong, but how you think about it afterward.<sup>1</sup>

Some people fail without consciously recognizing when they do so, and they end up succumbing to their unconscious tendency towards self-doubt due to factors such as social pressure or peer pressure. This means that if you have these kinds of negative thoughts about yourself, then the chances are high that you are having negative thoughts about others as well.<sup>2</sup> This can certainly lead to bad habits and possibly even harmful things happening daily around you, such as lower productivity or lower satisfaction with work, which only worsens over time due to the feedback loop between self-doubt and emotional reactions such as anger or depression.

Some people fail without consciously recognizing when they do so, and they end up succumbing to their unconscious tendency towards self-doubt due to factors such as social pressure or peer pressure.

It is important to understand why you fail (and learn from it) because if you don't, you won't understand your weaknesses properly, nor will you be able to improve on them in the future. Failure is a fact of life;<sup>3</sup> there is no real point denying it. There's only one thing you can do about it, and that's to learn from your experience and not repeat it. When you try something and it doesn't work, the pain is real, and you know it. But what if the things that worked for you when you were younger don't work for you anymore? What if something not working or failing to meet expectations feels so out of reach, so hard to understand, so uncomfortable? From this perspective, failure is simply an opportunity for us to try new things under different circumstances with different people and learn what works for us (or not).

According to Jonathan Franzen: "Failure for me has always been a signal that I'm making progress." When you attempt and fail, it simply means you have discovered a way

#### 3<sup>rd</sup> Commandment

that will not lead you to what you want to achieve, so that is a success in a way. You're never going to be perfect no matter how hard you try,<sup>5</sup> so why give up now? Why not just keep pushing yourself till it happens? Someday eventually, it will happen anyway.

Remember that God cannot fail. If He is your ally, He can guide you out of failure to success.

When failure happens, it doesn't pay to dwell on it. Sometimes, you can get away with it by meeting someone who can help you out. But you can also allow God to help you overcome failure consciousness. Jesus said, "Without me, you can do nothing." It means that when you are in Christ, "you can do all things." Remember that God cannot fail. If He is your ally, He can guide you out of failure to success.

Once you realize that failure isn't a bad thing and that your failures can provide valuable lessons about how to do things better next time, the pressure is off, and you will no longer have failure consciousness. Instead, you will be able to start a new life of possibilities and greater achievements.

#### What Now

- 1. What is failure consciousness? What are the signs of failure consciousness?
- 2. Why do certain people doubt their abilities to achieve good things? What are the consequences of this?
- 3. Why should we find out the reason why we fail? How can we learn from our past failures?

# Self-Awareness



Never let disappointments cripple you down.

Be success-conscious.

# Israelmore Ayivor

#### Power Truth

David had success in all his undertakings; for the Lord was with him.

1 Samuel 18:14 NRSV

## Know your personality

Self-awareness is the ability to understand your personality, values, strengths, and weaknesses. One of the most important skills you can develop, self-awareness is knowing one's own emotions, thoughts, strengths, and weaknesses. It is important for problem-solving, decision-making, and stress management, and it also reflects psychological maturity and the ability to be in tune with one's inner world. In addition, it helps you to feel confident and

comfortable in social situations, build strong relationships, and achieve your goals at work.

Self-awareness is one of the most important qualities that you can have in any relationship, especially a business one. To have a successful business relationship with others, you must first be aware of who you are and what your strengths and weaknesses are. "Keep a close watch on yourself ..." For example, if you have a weak point in following up with clients, you need to know it to outsource this task. Otherwise, your lack of follow-up will damage your reputation and hurt your business.

While self-awareness is often associated with introspection and self-reflection, research has shown that this way of thinking is quite rare in the general population. It is estimated that only 15 percent of Americans exhibit high levels of this trait.<sup>4</sup> Many people confuse external validation for self-awareness.

We all have a little bit of narcissism in us, but if you find yourself constantly thinking about how great you are or how your ideas are the best, then perhaps it's time to get a little self-aware.

We all have a little bit of narcissism in us, but if you find yourself constantly thinking about how great you are or how your ideas are the best, then perhaps it's time to get a little self-aware. Being self-aware helps you deal with negative situations more effectively and make better choices. You will also have a greater understanding of others, enabling you to build better relationships and connect with others more easily.

It's not easy to know how we are coming across to others, what they think of us, or how our behavior makes them feel. But there are ways to improve your self-awareness. The best way to become more self-aware is by learning more about

yourself. This can be done by reflecting on different situations in your life and asking yourself questions.

The first thing you need to do is ask yourself if there is any room for improvement in your life, including work and non-work relationships. Once you determine that there is room for improvement, try replacing some of the negative things you have discovered in your life with what you need to improve on your personality. If you are an entrepreneur, know that you are the most important asset to your business. It is not your products, it's not your customers, it's you. The best way to grow your business is to improve yourself as an entrepreneur. That also goes for any other goal or pursuits anyone may have in life.

The best way to grow your business is to improve yourself as an entrepreneur. That also goes for any other goal or pursuits anyone may have in life.

There is no better way to do that than reading and learning from other entrepreneurs. Of course, you can learn a lot by talking with successful people, but the written word comes across without bias or emotion and lets you digest the information in your own time.

#### What Now

- 1. What is self-awareness? Why is it important?
- 2. In what way can self-awareness help an entrepreneur? How can an entrepreneur establish a successful business relationship with the help of self-awareness?
- 3. What is narcissism? What can we do to become self-aware?

# **Optimism**



# Our success should not be a random event but the result of conscious actions.

# **Tony Jeary**

#### Power Truth

He set himself to seek God in the days of Zechariah, who instructed him in the fear of God; and as long as he sought the Lord, God made him prosper.

2 Chronicles 26:5 NRSV

# The complex nature of the mind

Most people believe that optimism and pessimism are opposite each other, but they're not. They are two distinct ways of viewing the same situation. Optimism is often defined as expecting the best and is strongly connected with happiness. Some people think optimism is just a state of mind or can be learned; others believe it is a personality trait, like introversion

or extroversion. And still, others think that optimism can't be learned at all.

Optimism is based on an expectation that good things will happen, while pessimism is based on an expectation that bad things will happen. For example, there's a difference between hoping to win a new car in a lottery and expecting to lose your job. Both hopes and expectations play a part in how we view the world around us, and these constructs can change our behavior and even alter the way we make decisions.

Optimism is an essential part of being successful in life.<sup>2</sup> Optimists believe that you can do anything, and it doesn't matter what anyone else says. They are tenacious and never give up. Optimists can achieve so much more in life than pessimists. They are more likely to enjoy better health, earn more money and live longer. Optimists have brighter personalities, are happier, and cope better with the trials of life. Optimism can also be useful in your career. Studies have shown that optimists are more likely to get hired and promoted, making more money on average than pessimists. Optimists tend to be more effective leaders and communicators as well.<sup>3</sup>

The human brain is designed to pay attention to what could go wrong, but some people are more pessimistic than others.

The human brain is designed to pay attention to what could go wrong, but some people are more pessimistic than others. Some people take the world's problems more personally, and they think they can solve them. That makes them become poor thinkers and poor managers. As a species, we are the most pessimistic of all animals. We are the only creatures who can contemplate the inevitability of our deaths and the futility of our existence and conclude that life is not worth living.

#### 5<sup>th</sup> Commandment

Given how many people commit suicide, it's probably true that optimism is not, in fact, an innate human characteristic. So, are some people just born pessimists? Is it something that is learned? Or does this pessimistic worldview simply result from how we think about our lives? These are questions that have been bothering the minds of scientists, and they have not been able to find definite answers to them.

Every man is born great. We all carry a divine seed of greatness because of our closeness to God.

The scientist may not be able to solve the puzzle, but God has already provided the answer in His Word: "You are gods." Every man is born great. We all carry a divine seed of greatness because of our closeness to God. Sin is the problem that entered into the world and made a man lose this consciousness. Linking back to God through Jesus will restore everything sin has destroyed in our lives. 5

Being optimistic about the future is more than an outlook on life; it is a mindset that can help you achieve success. For example, a study conducted by Seligman and his team showed that individuals trained in optimism were less likely to become physically ill than those who were not optimists.<sup>6</sup>

#### What Now

- 1. What is optimism? What are the popular views on the topic?
- 2. What is pessimism? Between optimism and pessimism, which can help us attain success consciousness and why?
- 3. What are the characteristics of optimism? Why are humans the most pessimistic of all creatures on earth?

# **Desire Success**



We must walk consciously only part way toward our goal and then leap in the dark to our success.

# **Henry David Thoreau**

#### **Power Truth**

Our steps are made firm by the Lord, when he delights in our way.

Psalm 37:23 NRSV

## Be positive and optimistic

While it is important to set goals and make a plan, you have to be willing to put in the hard work before you start seeing any returns on your investment. Everyone wants to be successful. Success can be defined as having a sense of fulfillment and accomplishment in life.<sup>1</sup>

#### 6<sup>th</sup> Commandment

Many factors can lead to success; people often make poor choices to become successful. One of the most discussed is the concept of a work-life balance. For a long time, the idea of success meant that one had to sacrifice everything to get ahead. Now, many successful people find themselves working more efficiently and taking better care of themselves by making sure they have time for their families, hobbies, and other activities.

Success is a relative term.<sup>2</sup> When you were a kid, you would have been considered a success if you became a professional athlete. In high school, a successful student got into college and graduated. When you got your first job right out of college, success meant not getting fired. To an entrepreneur, success is not defined by the amount of money you make but by how much you can help people. It is about the impact that you leave on the world and your legacy. The most important thing as an entrepreneur is to see problems in society and find ways to solve them.

Success isn't just about you anymore; it's about how your life has touched the lives of others.

As you get older, you will discover that the idea of success has changed. Now, when you think about success, you have to expand your definition beyond the personal and physical levels. Success isn't just about you anymore; it's about how your life has touched the lives of others. For example, people who take care of their parents full-time after retirement may feel successful because they have played an important role in society. The scope of what defines a successful life has expanded thanks to a broader understanding of what is important and what we want to achieve in life.

Achieving success is a goal that is often placed high on the list of priorities but not always given the importance it deserves. There are so many ways to be successful. You can be a success in sports, business, relationships, school, etc., so be optimistic about everything you do! "A joyful heart is a good medicine, but a crushed spirit dries up the bones." Being positive makes you more confident, and it also helps you be more truthful. If you want to succeed in life, positive thinking will help you get there. Believe that you can do anything that you set your mind to. This means not giving up on yourself when things get hard or when others doubt your ability to achieve something.

Being positive makes you more confident, and it also helps you be more truthful. If you want to succeed in life, positive thinking will help you get there.

You must desire success and work towards getting it if you want to have it. No one becomes successful by merely wishing it. It takes hard work, focus, perseverance, knowledge, etc. You must look for success in everything you do.

#### What Now

- 1. Why should we have a desire for success? What role does hard work play in achieving success?
- 2. When we grow older, what new things do we discover about success and why? Why does the scope of what defines a successful life keep expanding?
- 3. What is positive thinking? How can it help us achieve success?

# Law of Attraction



Success means participating fully in the conscious evolution of humanity, contributing to the shift in time to avoid the chaos and disasters foreseen.

# Barbara Marx Hubbard

#### **Power Truth**

Those who are attentive to a matter will prosper, and happy are those who trust in the Lord.

Proverbs 16:20 NRSV

#### Like attracts like

The Law of Attraction is the belief that "like attracts like" and that by focusing on positive or negative thoughts, one can bring about positive or negative results. 1 The Law of Attraction has a lot in common with karma. You can bring into

your life whatever you think about and feel. If you are thinking positively, then you will feel positive. If you are thinking negative thoughts, then you will feel negative.

The basis for the Law of Attraction is that everything in the universe has a vibrational frequency. Therefore, you attract what you are. Your thoughts, actions, and emotions are vibrations like radio frequencies or light waves.<sup>2</sup> This is a very powerful principle. The basic idea behind the law is quite simple: if you focus on something, you will get more of it. "If thou can believe, all things are possible, to him that believeth." However, it's also important to understand how the law works and how you can use it to your advantage.

The basis for the Law of Attraction is that everything in the universe has a vibrational frequency. Therefore, you attract what you are.

Without a doubt, this law has been in existence since time immemorial. It has been taught in the mainstream for quite some time now. When we talk about it, most people think of the movie "The Secret" from 2006, which popularized the concept. But the principles behind the Law of Attraction have been around for much longer than that. For example, in 1877, a book was published called "The Science of Getting Rich." This book outlined the "law of attraction" and explained how positive thoughts attract good things and negative thoughts attract bad things. In other words, if you want to see any good thing manifest in your life, you have to meditate on how to get them.

Even if you don't know about this law, you have been using it all your life. Whenever you think about something, you are using the Law of Attraction to get what you are thinking about across to yourself. It is a powerful law that can be used to attract money and other good things into your life from the universe based on the frequency of the vibrations of

#### 7<sup>th</sup> Commandment

thoughts and feelings.<sup>6</sup> For example, if you think about a million dollars, you will never attract it. However, if you think about a million dollars and get excited about having one, then it is more likely that you will attract it into your life.

Talking to yourself in the third person, imagining your goals as already accomplished, and visualizing your dreams as if they were already a reality are among the many ways to use the Law of Attraction.

Talking to yourself in the third person, imagining your goals as already accomplished, and visualizing your dreams as if they were already a reality are among the many ways to use the Law of Attraction. It's not just about wishing to have something, but how you can use this universal energy force to bring what you want into your life. Visualization is one of the most powerful tools that you can use daily. It works; that is why professional athletes go through intense visualization exercises before competing.

#### What Now

- 1. What is the law of attraction? What is the basis for this law?
- 2. Which movie popularizes the concept of the law of attraction? Which book published in 1877 did the same?
- 3. How can we use the Law of Attraction to attract money to ourselves? What roles do positive affirmation and visualization play in this?

# Self-Discipline



Success in any endeavor does not happen by accident. Rather, it's the result of deliberate decisions, conscious effort, and immense persistence... all directed at specific goals.

# **Gary Ryan**

#### **Power Truth**

So shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and succeed in the thing for which I sent it.

Isaiah 55:11 NRSV

The ability to control yourself

Self-discipline is the ability to control yourself and the way you think. It is what keeps you from spending money on

#### 8<sup>th</sup> Commandment

things you don't need, eating fast food when you know it isn't good for you, or doing things that will harm your body and mind.

Self-discipline is self-imposed control over your thoughts, feelings, and actions. It's the willingness to do what needs to be done to reach your goals, even when you don't feel like it. Self-discipline is a difficult thing to develop.<sup>2</sup> It requires commitment and mental fortitude. But if you're looking for success, you have no other choice.

Self-discipline is self-imposed control over your thoughts, feelings, and actions. It's the willingness to do what needs to be done to reach your goals, even when you don't feel like it.

Discipline can be applied in every aspect of life, but it mostly revolves around health and wealth. When it comes to financial discipline, being rich or financially independent is a result of making smart decisions. However, if you have no self-discipline, you will likely continue to make poor financial decisions that lead to debt and poverty. "A man without self-control is like a city broken into and left without walls."

Self-discipline is an internal force that helps us become successful. It's the power that diverts us from doing things that are bad for us. You can think of self-discipline as a kind of "inner voice" that tells you when you are doing something wrong or not beneficial. For example, if you're super busy at work and skip the gym, your inner voice tells you that this isn't a good thing.

Self-discipline is critical for success.<sup>4</sup> It's a skill that can be learned, but few people go out of their way to do that. The problem with self-discipline is that it isn't as exciting as learning a new industry or social media tool, so many people

neglect it. They would rather focus on more exciting skills, like marketing and networking.

The truth is that self-discipline is the foundational skill for everything else. Without self-discipline, you won't be able to set up successful marketing campaigns or build a network of connections. The best way to develop self-discipline is by practicing it consistently over time. Set weekly or monthly goals that you want to accomplish and break them down into daily tasks. Write them down and schedule them into your day planner. This will help you stay focused on your goals and finish what you started.

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You may have heard that self-discipline comes from building good habits and breaking bad ones. This is true, but there's a little more to it than that. Habits come from your subconscious mind. That's why they are so powerful—because your mind doesn't realize that you are deciding to do them. These decisions are made for you, which is why you can feel like a victim of your habits.

Self-discipline is the ability to take action and make decisions to get things done. Often, it's the ability to put one foot in front of the other and get through a task—whether it's a goal or a project, or whatever it might be.

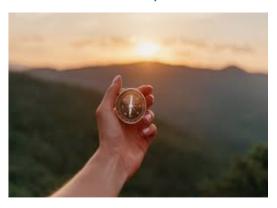
#### What Now

1. What is self-discipline? Give examples of what self-discipline can help us achieve.

# 8<sup>th</sup> Commandment

- 2. Why is self-discipline difficult to develop? What can happen to those who lack self-discipline when making a financial decision?
- 3. How can we develop self-discipline? Where do habits come from?

# Your Purpose



Success consists of going from failure to failure without loss of enthusiasm.

## **Winston Churchill**

#### **Power Truth**

Only be strong and very courageous, being careful to act in accordance with all the law that my servant Moses commanded you; do not turn from it to the right hand or to the left, so that you may be successful wherever you go.

Joshua 1:7 NRSV

# The reason why you exist

The purpose is an essential component of who you are and what you do; it is the reason why you exist. God has a definite purpose for your life. All things work together for good, for those who are called according to His purpose. The

consciousness of this scripture in your heart will help you develop your purpose for living.

For many people, their life's purpose is very much aligned with what they are good at. It is wise to align your purpose with the will of God, which you have already known. That was the secret of Daniel's success in the Bible. "But Daniel purposed in his heart that he would not defile himself" Purpose attracts like-minded people into your life, who understand and support your goals and make you happier. By finding and living your purpose, you can create a more meaningful life. Purpose also helps you achieve more in your business. It focuses your energy on what's most important so that you fulfill your potential. You don't have to be a big company to have a big impact in the world; purpose ensures that you make an impact in your little way.

Purpose also helps you achieve more in your business. It focuses your energy on what's most important so that you fulfill your potential.

When you get right down to it, your purpose in life is what you are doing right now. Everything you do, everything you have done in the past, and everything you will do has led you to this moment. If you're like most people, then your purpose might seem a little ambiguous, a little uncertain. It might be difficult for you to pin down what exactly it is that you hope to accomplish in your lifetime. You're not alone. Many people feel this way at some point in their lives. Many people never really get around to finding out what God ordained them to do in life.

You need to live your purpose to create a successful business. It's the only way you'll keep working on it. We all have something that makes life worth living—a purpose. The problem is that most people do not live their purpose, and they don't even know if they have a purpose.<sup>4</sup> You may have many

things you want to achieve in life, but the most important is to live a happy and meaningful life. To live a happy life, you need to love what you are doing and feel a sense of fulfillment in your career.

To live a happy life, you need to love what you are doing and feel a sense of fulfillment in your career.

You will find that people living with purpose are happier than those who aren't. Research has shown people who have a sense of purpose are happier than those who don't. This is because these people have a reason to wake up in the morning and a goal they want to tackle each day. They may be happier because they have a sense of purpose, or their life is easier, but it's hard to know for sure. They don't worry about the future or what they have missed in the past—they only focus on the present and enjoy every moment. You will notice that they are calmer and more cheerful than other people and are full of energy.

#### What Now

- 1. What is purpose? What can it attract to our lives, and how can this benefit us?
- 2. Why is it that many people don't know they have a purpose? What can such people do?
- 3. How can we live a happy life? Why do people who have a sense of purpose happier than those who don't?

# Attitude



# Whatever your mind can conceive and believe, it can achieve.

# Napoleon Hill

#### **Power Truth**

This book of the law shall not depart out of your mouth; you shall meditate on it day and night, so that you may be careful to act in accordance with all that is written in it. For then you shall make your way prosperous, and then you shall be successful.

Joshua 1:8 NRSV

## Your emotional and behavioral tendencies

Every day we are faced with events that can either make us or break us, and the choice is always up to us. Our attitude and perspective will determine how we react to these situations. Attitude is not something you are born with; it's something you choose. It is a term used in psychology and sociology to describe a particular person's emotional and

behavioral tendencies. It can usually be described as a positive or negative outlook toward the subject at hand.

Attitude is considered one of the most significant traits of an individual, and it can strongly influence the way people act, think, behave and feel. A positive or constructive attitude reflects a good mood, feeling excited about life, optimistic expectation, positive thinking, and confidence in performing a given task or activity.

Attitude is considered one of the most significant traits of an individual, and it can strongly influence the way people act, think, behave and feel.

You can develop a positive attitude by making a conscious effort to find the good in each circumstance. You can be optimistic about your future, even when facing difficulties if you want to. Even after a long day of work, it's possible to look at things from a different perspective and find the good in them. Attitude is everything, and it all starts with the mind. To be positive, you must have a positive mindset. "A joyful heart is a good medicine, but a crushed spirit dries up the bones." A mindset is the foundation of everything you do. It's important to understand how to build a productive mindset to achieve your goals and have a positive impact on the world.

A positive mindset is key to a successful life in many aspects. A person who has a negative mindset pays a lot of attention to the things that are not good for him, like bad comments, false accusations, and even bad news. Such an individual is prone to have a poverty consciousness because your mindset is the foundation of your success.<sup>3</sup> It's the way you think about the events in your life, and it shapes your behavior. If you have a positive mindset, you will see opportunities everywhere and get creative when needed. If you have a negative mindset, you will see failure where others see

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success and spend far too much time complaining about things that aren't in your control.

A positive mindset will give you an edge over others and help you achieve goals that others only dream of. A negative mindset will hold you back from achieving your full potential.

A positive mindset will give you an edge over others and help you achieve goals that others only dream of. A negative mindset will hold you back from achieving your full potential. You must know what you can do to ensure that you have the right mindset for success. Most people think that all they need for success is to be born with a certain mindset, and that's all there is to it. But this isn't true. The truth is that your brain is like a sponge, and it will soak up whatever information you feed into it.<sup>4</sup> If you want to be successful, you need to feed your brain with the right information. This information will help you develop the right mindset and eliminate poverty consciousness from your mind.

#### What Now

- 1. What is attitude? Why is it considered one of the most significant traits of an individual?
- 2. What is a positive attitude? How can we develop it?
- 3. What is a mindset? Why do we need to build a productive mindset?

# More Resources

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